

Anti-inflammatory Medications

Your doctor has recommended you take this medication to treat inflammation. This is a process by which the body heals itself but at times can get out of control. Anti-inflammatory will treat pain and inflammation but it is not a pain medication and will not make you drowsy or goofy.

- Do not take this medication:

With other anti-inflammatory medications, off the shelf or prescription. Tylenol is OK.

If you are Pregnant!

If you are on Prednisone, Lithium, Digoxin or Antiseizure medication

If you have an allergy to Aspirin or other anti-inflammatory

If you have heart, kidney or liver problems.

If you have had ulcers or blood in your stool.

If you are on Coumadin, have low platelets or a bleeding tendency.

If you have high blood pressure.

- Stop taking this medicine:

If you notice swelling in your hands or feet.

If you have difficulty breathing or facial swelling.

If your blood pressure goes up (Headache, Sick feeling).

If you get severe abdominal pain even if you take it with food.

If you notice blood in your stool.

If it doesn't seem to help after one month.

- Anti-inflammatory:

Prescription

Celebrex/ Bextra

Vioxx

Athrotec/ Voltaren

Lodine

Naprosyn

Indocin

Mobic

Relafen

Daypro

Feldene

Off the Shelf

Advil/ Motrin (Ibuprofen)

Aleve (Naproxen)

Goody's/ Bayer/ Exedrin (Aspirin)



Vanderbilt Sports Medicine

Knee Center *and* Shoulder Center